In the suffocating grip of our daily routines, what space do we find for spontaneity? For wonder for this Earth we share, even as it is diminished? For companionship not relegated to sharing in the misery of (alternative) consumption, the segregated couple, the nuclear family? For the power of self-creation and subsistence outside the markets that are imposed?

The hurt and absences of this way of life too often become turned inward, a shame we carry as if it were our own. We are sold pre-packaged aspirations – always to be a little deferred so as to respond to the requirements of the dominant reality – when we want immediacy, heroic lives of adventure, belonging, caring and daring; life not survival. Always, the desires of those who exploit, imprison, toxify and repress us are posited as above those of ourselves, those for revolt.

We are kept on edge yet always distracted, close to breaking point, cowed and disempowered by disciplines or puffed up by divisions, mesmerised by the enforced idiocy of the spectacle in which even the drama of a dying world has been turned into a sort of reality TV series, portrayed as completely out of our hands.

The figureheads of economic growth and 'development' would have us turn a blind eye to misery that can't be portrayed in statistics. We have become determined to overturn their calculations. Our visions are of full unemployment, zero voter turnout, continual hi-tech breakdowns instead of breakthroughs, a rampant out-break of the 'crime' named freedom; until we forget these categories and many more. People emerging from their different cages, forming face-to-face affinities to relearn the art of gifting not just competing, of respect for the more-than-human, of dignity and rebellion. A landscape wild with life again beaconing us to rejoin the dance, the blurring or dissolution of borders, genders, roles and prescriptions. Life without deadtime. And these nascent visions, however partial, are perpetually becoming armed. The only question is where they will find breath next.

Feel that breath, let it awaken in you.